

49th Annual

Antepartum and Intrapartum Management



THURSDAY – SATURDAY

June 4 – 6, 2026

Hotel Nikko
San Francisco, CA

Remote Learning
Opportunities Are Available

COURSE CHAIR
Mary E. Norton, MD

COURSE CO-CHAIRS
Aaron B. Caughey, MD, MPH, PhD
Molly Killion, RN, MS, CNS
Nasim C. Sobhani, MD, MAS

EMERITUS COURSE CHAIR
Tekoa L. King, CNM, MPH

IN MEMORIUM COURSE FOUNDER
J.T. Parer, MD

Antepartum and Intrapartum Management

June 4 – 6, 2026 · Hotel Nikko, San Francisco, CA

Presented by the University of California, San Francisco School of Medicine, this course stresses antepartum and intrapartum assessment and clinical management in obstetrics. On the first day, various aspects of prenatal diagnosis, ultrasound, antepartum conditions, and maternal complications of pregnancy are covered. The second day is largely devoted to fetal heart rate interpretation and management of labor. The third day continues with discussions of potential complications of pregnancy and emerging topics. The course is designed for physicians, midwives, obstetric nurses, and trainees. The faculty instructors are internationally known through their clinical and basic research, scholarly articles, and texts. The faculty are highly qualified, certified by their respective specialties, primarily the Division of Maternal Fetal Medicine of the American Board of Obstetrics and Gynecology. Live lectures will be recorded and available for replay on demand after the conference, so you don't miss a moment.

LEARNING OBJECTIVES

An attendee completing this course will be able to:

- Counsel patients regarding the option of first trimester anatomy ultrasound and identify patients for whom this is indicated
- Improve management of fetal heart rate tracings in labor and coordination of care
- Counsel patients regarding the risks and benefits of vaccinations in pregnancy, and current recommendations
- Diagnose, evaluate, and manage patients with suspected morbidly adherent placenta
- Diagnose, evaluate, and manage patients with early pregnancy complications
- Evaluate and manage patients with a prior preterm birth
- Screen, diagnose, and manage patients with anemia in pregnancy
- Screen, diagnose, and treat syphilis in pregnancy
- Improve management of lupus in pregnancy and postpartum
- Optimize strategies and management of induction of labor
- Evaluate and manage patients with prior bariatric surgery or on GLP-1 receptor agonists in pregnancy
- Improve coordination of patient care throughout pregnancy and delivery with respect to communication and hand-offs

ACCREDITATION

In support of improving patient care, the University of California, San Francisco is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



DESIGNATION

Physicians UCSF has approved this program for CME credit: UCSF designates this live activity for a maximum of 18.00 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits*[™] issued by organizations accredited by the ACCME.

Physician Assistants AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA category 1 Credit*[™] from organizations accredited by the ACCME.

SPECIALTY CREDIT

AMCB Credit *AMA PRA category 1 Credit*[™] is accepted by the Certificate Maintenance Program (CMP) of the American Midwifery Certification Board (AMCB) for programs relevant to midwifery. Certified nurse-midwives and certified midwives attending this program may report 18.00 credit hours.

Fetal Heart Rate Monitoring The approved credits include 2.00 *AMA PRA category 1 Credit*[™] towards Fetal Heart Rate Monitoring and Assessment Education.

Pharmacotherapeutics CEUs for Nurses This activity is designated for a maximum of 2.50 pharmacotherapeutic credits towards meeting the requirement for nursing pharmacology continuing education. Nurses should claim 0.1 CEUs for each contact hour of participation in designated pharmacotherapeutic continuing education.

Physicians, Advanced Practice Providers, Nurses, and Nurse Midwives This activity was planned by and for the healthcare team, and learners will receive 18.00 Interprofessional Continuing Education (IPCE) credits for learning and change.

THURSDAY, JUNE 4, 2026

7:30 – 8:00 am *Continental Breakfast & Registration*

MODERATOR: AARON B. CAUGHEY, MD, MPH, PhD

8:00 – 8:05 **Introduction**

8:05 – 8:35 **First Trimester Detailed Ultrasound**

8:35 – 9:05 **Maternal Genetic Syndromes You Need To Know**

9:05 – 9:35 **Management of Early Pregnancy Complications**

9:35 – 9:55 **Q&A**

9:55 – 10:15 *Break*

10:15 – 10:45 **Advancing Equity and Respectful Care in Pregnancy and Birth**

10:45 – 11:15 **P Update on Vaccinations in Pregnancy: Current Recommendations**

11:15 – 11:45 **IVF Pregnancy: Update on Management Recommendations**

11:45 – 12:05 pm **Q&A**

12:05 – 1:30 *Lunch (individually arranged)*

MODERATOR: TEKOA L. KING, CNM, MPH

1:30 – 2:00 **Renal Disease in Pregnancy**

2:00 – 2:30 **Management of Stillbirth**

2:30 – 3:00 **Update on Fetal Therapy: Which are Now the Standard of Care?**

3:00 – 3:20 **Q&A**

3:20 – 3:40 *Break*

3:40 – 4:10 **Interpreting the Family History: When to Refer to Genetic Counseling**

4:10 – 4:40 **P Syphilis in Pregnancy and Prevention of Congenital Syphilis**

4:40 – 5:10 **Morbidly Adherent Placenta: Diagnosis and Management**

5:10 – 5:30 **Q&A**

5:30 – 6:45 pm *Julian T. Parer Wine and Cheese Reception*

Mary E. Norton, MD

Teresa N. Sparks, MD, MAS

Felicia C. Lester, MD, MPH

Sheri L. Foote, CNM

Christine A. Blauvelt, MD

Nicola C. Perlman, MD, MA

Roxanna A. Irani, MD, PhD

Hayley Miller, MD

Akos Herzeg, MD, PhD

Allyson M. Scott, MS, LGC

Lynn M. Yee, MD, MPH

Arianna G. Cassidy, MD



Hotel Nikko

222 Mason Street
San Francisco, CA 94102
(415) 394-1111

Scan the QR code below to access the course website and register online.



FRIDAY, JUNE 5, 2026

7:30 – 8:00 am *Continental Breakfast*

MODERATOR: NASIM C. SOBHANI, MD MAS

8:00 – 8:30 **Nuts and Bolts of Optimizing Induction** Robyn A. Lamar, MD, MPH

8:30 – 9:00 **Management of Patients with Prior Preterm Birth** Juan M. Gonzalez Velez, MD, PhD

9:00 – 9:30 **Engagement Over Enforcement: Supporting Patients with Diabetes** Molly Killion, RN, MS, CNS

9:30 – 9:50 **Q&A**

9:50 – 10:10 *Break*

10:10 – 10:40 **Anemia in Pregnancy: An Evidence-based Approach** Deirdre J. Lyell, MD

10:40 – 11:10 **P Lupus in Pregnancy: Guidelines and Management Pearls** Lynn M. Yee, MD, MPH

11:10 – 11:40 **Diabetes – What Management Technology is Now Standard?** Christina S. Han, MD

11:40 – 12:00 pm **Q&A**

12:00 – 1:30 *Lunch (individually arranged)*

MODERATOR: MOLLY KILLION, RN, MS, CNS

1:30 – 2:00 **F Category II Tracings: Updates from 2025 ACOG Guideline** Aaron B. Caughey, MD, MPH, PhD

2:00 – 2:30 **Intrapartum Fever: Evaluation, Management, and Outcomes** Libby Patberg, MD

Diagnosis and Management of OP Position Michelle T. Turney, CNM

3:00 – 3:20 **Q&A**

3:20 – 3:40 *Break*

MODERATOR: AARON B. CAUGHEY, MD, MPH, PHD

3:40 – 5:10 **F Panel Discussion: Fetal Heart Rate Monitoring Cases** Lynn M. Yee, MD, MPH; Christina S. Han, MD; Meghan Duck, MS, RNC, CNS; Michelle T. Turney, CNM; Deirdre J. Lyell, MD; Libby Patberg, MD

SATURDAY, JUNE 6, 2026

7:30 – 8:00 am *Continental Breakfast*

MODERATOR: MARY E. NORTON, MD

8:00 – 8:30 **Management of the Gestational Carrier Pregnancy** Kate Swanson, MD

8:30 – 9:00 **P Milk, Medications, and More: Communicating with Patients and Healthcare Teams** Susan Crowe, MD

9:00 – 9:30 **P Bariatric Surgery and GLP-1s in Pregnancy** Christina S. Han, MD

9:30 – 9:50 **Q&A**

9:50 – 10:10 *Break*

10:10 – 10:40 **Thyroid Disease in Pregnancy: When to Screen?** Nasim C. Sobhani, MD, MAS

10:40 – 11:10 **Update on Vasa Previa: Diagnosis and Management** Chiara M. Corbetta-Rastelli, MD

11:10 – 11:40 **Protecting your Patients from Pesticides and Other Occupational Exposures** Marya G. Zlatnik, MD & Leah Kennedy, JD

11:40 – 12:00 pm **Q&A**

12:00 *Adjourn*

P Eligible for Nursing Pharmacology credit

F Eligible for Fetal Heart Rate Monitoring credit

All course times listed are Pacific Standard Time

GENERAL INFORMATION

Registration will close on **June 6, 2026 at 8:00am Pacific Time**. It is recommended that you register at least a week in advance to ensure adequate course resources are allocated for your participation.

HOW TO ENROLL

Tuition:

By 3/31/2026 Early Bird Rate

- \$850** Physicians
- \$650** Nurses/APPs/Other Health Care Professionals
- \$550** Trainees

After 3/31/2026 Regular Fee

- \$900** Physicians
- \$700** Nurses/APPs/Other Health Care Professionals
- \$600** Trainees

The syllabus will be available electronically one week prior to the course.

HOW TO REGISTER

Online: <https://ucsf.cloud-cme.com/aim-2026>

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at **(415) 476-5808**.

Please check our website for up-to-date information on the course:

<https://ucsf.cloud-cme.com/aim-2026>

REFUND POLICY

Cancellations received in writing at least 30 days before the conference start date will receive a refund of registration fees minus a 10% administrative fee. Requests received between 30 days and 14 days before the start date will receive a 50% refund. No refunds will be issued within 14 days of the start date.

UCSF Office of CME reserves the right to cancel or postpone this program if necessary; in the event of cancellation, course fees will be fully refunded. We are not responsible for other costs incurred, such as non-refundable airline tickets, hotel penalties, or other related personal expenses.

ACCESSIBILITY

UCSF welcomes all participants to our events. If you need a reasonable accommodation to participate in this event because of a disability, please let us know during registration, or submit a learner support ticket at tiny.ucsf.edu/cmehelp with as much advance notice as possible.

LOCATION FOR ONSITE LEARNING

The Hotel Nikko is a luxury gem located in San Francisco's shopping, dining, and entertainment district. Experience the contemporary ambiance of an Asian inspired boutique hotel in Union Square with sleek rooms and suites, meeting space, dining, and an indoor pool with skyline views.

Discover the historic Ferry Building, embark on a ferry to Alcatraz, and take in breathtaking bay views, all just steps away from your stay. Immerse yourself in the city's vibrant culture by exploring Chinatown, strolling through Fisherman's Wharf, shopping in Union Square, or hopping on a cable car for an unforgettable city tour.

We've secured a special discounted group rate of \$249 per night at the conference hotel for our attendees. Be sure to book your room early—reservations must be made by the cut-off date of May 13, 2026 or before the block is sold out. After the cut-off date, or if the room block sells out, rooms will be subject to availability and the group rate cannot be guaranteed.

Hotel Nikko

222 Mason Street
San Francisco CA 94102

Hotel Phone Number: **415-394-1111**

Reservations: **800-248-3308**

Website: <https://www.hotelnikkosf.com/>

Room Rate: **\$249**

Cutoff Date: May 13, 2026

The nightly \$39 amenity fee is waived for registrants booking in our room block. By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

TRAVEL DISCOUNTS

We are pleased to offer a discount with United Airlines for travel to our upcoming event. To make flight reservations online please enter **discount code ZRMC505963**. You may call United Meetings Reservation Desk from 7 a.m. to 8 p.m. CT, Monday–Friday (closed for major U.S. holidays) at **(800) 426-1122** for booking assistance or visit united.com/meetingtravel and enter the code above.

REMOTE LEARNING

OPPORTUNITIES AVAILABLE

This course will take place in person at the Hotel Nikko in San Francisco. You may alternatively tune in virtually. Login instructions along with the digital syllabus will be shared with attendees a week before the meeting. Included in your registration fee is access to the recorded lectures on demand (available for 30 days post-course). You must sign-in to the live conference or tune in to the live virtual conference and complete the post-course evaluation within 30 days in order to claim credit for attending.

REGISTER NOW! For more information or to register, online visit our website at <https://ucsf.cloud-cme.com>

You may also reach us by contacting the Office of Continuing Medical Education at (415) 476-5808 or tiny.ucsf.edu/cmehelp

UCSF

UPCOMING COURSE

Antepartum and Intrapartum Management

June 4 – 6, 2026

Hotel Nikko (virtual option available)

San Francisco, CA

UCSF Office of CME

UCSF Box 0742
490 Illinois Street, Floor 7
San Francisco, CA 94143

COURSE DIRECTORS

Mary E. Norton, MD

Professor of Obstetrics, Gynecology and Reproductive Sciences, and of Pediatrics; David E. Thorburn, MD, and Kate McKee Thorburn Endowed Chair in Perinatal Medicine and Genetics; University of California, San Francisco

COURSE CO-CHAIRS

Aaron B. Caughey, MD, MPH, PhD

Professor and Chair, Department of Obstetrics & Gynecology; Associate Dean for Women's Health Research & Policy; Oregon Health & Science University

Molly Killion, RN, MS, CNS

Complex OB Medicine Nurse Coordinator; Department of Obstetrics, Gynecology and Reproductive Sciences; University of California, San Francisco

Nasim C. Sobhani, MD, MAS

Associate Professor, Department of Obstetrics, Gynecology and Reproductive Sciences; Medical Director, Endocrine, Diabetes, and Pregnancy Program (EDAPP); Director of Residency Research and Scholarship, OB/GYN Residency; Division of Maternal Fetal Medicine & Reproductive Genetics; University of California, San Francisco

EMERITUS COURSE CHAIR

Tekoa L. King, CNM, MPH

GUEST FACULTY

Christina S. Han, MD

Interim Chair, Department of Obstetrics and Gynecology; Professor of Clinical Obstetrics and Gynecology; Division Director of Maternal-Fetal Medicine; Co-Director of the Diabetes and Endocrine Disorders in Pregnancy Program; University of California, Los Angeles

Leah Kennedy, JD

Staff Attorney, Center for WorkLife Law; University of California College of the Law, San Francisco

Deirdre J. Lyell, MD

Dunlevie Professor of Maternal-Fetal Medicine; Co-Director & Co-PI, California Maternal and Perinatal Quality Care Collaboratives (CMQCC/CPQCC); Medical Director, Labor and Delivery; Medical Director, Program in Placental Disorders; Stanford University School of Medicine

Michelle T. Turney, CNM

Nurse Midwife, Legacy Women's Health, Portland OR

Lynn M. Yee, MD, MPH

Thomas J. Watkins Memorial Professor of Obstetrics and Gynecology; Associate Professor; Chief of the Division of Maternal-Fetal Medicine and Diagnostic Ultrasound; Northwestern University

UCSF FACULTY

(Department of Obstetrics, Gynecology, and Reproductive Sciences unless otherwise noted)

Christine A. Blauvelt, MD

Assistant Professor; Division of Maternal Fetal Medicine

Arianna G. Cassidy, MD

Assistant Professor, Division of Maternal Fetal Medicine & Reproductive Genetics; Co-Director, Multidisciplinary Approach to the Placenta Service

Chiara M. Corbetta-Rastelli, MD

Fellow, Division of Maternal Fetal Medicine

Susan Crowe, MD

Professor; Division of Maternal Fetal Medicine

Meghan Duck, MS, RNC, CNS

Perinatal Outreach Educator/ Clinical Nurse IV

Sheri L. Foote, CNM

Professor; Division of Maternal Fetal Medicine

Juan M. Gonzalez Velez, MD, PhD

Professor and Division Director, Maternal-Fetal Medicine & Reproductive Genetics; Director, Center for Complex Maternal Care

Akos Herzeg, MD, PhD

Associate Professor; Division of Maternal Fetal Medicine & Reproductive Genetics

Roxanna A. Irani, MD, PhD

Associate Professor; Executive Medical Director for Women's Health; Division of Maternal Fetal Medicine & Reproductive Genetics

Molly Killion, RN, MS, CNS

Complex OB Medicine RN Coordinator

Robyn A. Lamar, MD, MPH

Professor, Obstetrics Gynecology and Gynecologic Surgery; Medical Director, Gynecology Ambulatory Clinics

Felicia C. Lester, MD, MPH

Professor, and Division Director, Obstetrics Gynecology and Gynecologic Surgery; Vice Chair of OBGYN Wellness

Hayley Miller, MD

Assistant Professor; Division of Maternal Fetal Medicine & Reproductive Genetics

Nicola C. Perlman, MD, MA

Assistant Professor; Division of Maternal Fetal Medicine

Elizabeth (Libby) Patberg, MD

Assistant Professor; Division of Maternal Fetal Medicine & Reproductive Genetics

Allyson M. Scott, MS, LGC

Associate Director, Graduate Program in Genetic Counseling

Teresa N. Sparks, MD, MAS

Associate Professor, Division of Maternal Fetal Medicine & Reproductive Genetics; Program Director, Maternal-Fetal Medicine Fellowship; Co-Director, Women's Reproductive Health Research/K12 Program

Kate Swanson, MD

Assistant Professor, Medical Director, Maternal & Perinatal Genetics, Intermountain Health; Adjunct Faculty, University of California, San Francisco

Marya G. Zlatnik, MD

Professor and Associate Fellowship Director; Division of Maternal Fetal Medicine & Reproductive Genetics