

25th Annual

Developmental Disabilities: An Update for Health Professionals



Thursday-Friday **March 5-6, 2026**

LIVE STREAM VIRTUAL CONFERENCE

CONFERENCE CO-CHAIRS

Clarissa Kripke, MD, FAAFP

Clinical Professor of Family and Community Medicine
Director, Office of Developmental Primary Care
University of California San Francisco

John I. Takayama, MD, MPH

Emeritus Professor of Pediatrics
University of California San Francisco

Developmental Disabilities: An Update for Health Professionals

COURSE OVERVIEW

This unique interdisciplinary conference is created for providers who care for children, youth, and adults with developmental disabilities and complex health care needs. Whether you have never attended a conference on this topic, or make a point to attend every year, we welcome you and look forward to learning together. This year's theme is **Rising to the Occasion: Assuring Quality Care Across the Lifespan**. You'll hear from leaders in the field, community activists, self-advocates, and distinguished clinical experts. The activity will address ways to improve the quality of care provided to patients from a perspective that will benefit all members of the care team – from the physician or nurse practitioner, occupational therapist, case manager to patient themselves as well as community and family caregiver.

Featured topics this year include systems change, health equity, mental health, aging and developmental disabilities, sleep difficulties, genetic evaluation, sexual health, vaccine policy, evidence-based approaches for people with cerebral palsy, occupational therapy for autistic people, participation in the arts, and so much more. While the conference is designed and accredited for healthcare professionals, we welcome families and individuals with developmental disabilities to also attend.

The virtual conference format will provide access to learners across the country and will offer opportunities for interaction and networking. Live lectures will be recorded and available for replay on demand after the conference, so you won't miss a moment.

Clarissa Kripke, MD and John I. Takayama, MD, MPH
Conference Co-Chairs

LEARNING OBJECTIVES

An attendee completing this course will be able to:

- Improve systems of care for people with disabilities by considering social and cultural diversity and disparities, structural bias, and implications for access to quality healthcare;
- Improve interprofessional teamwork and community collaboration to effectively address gaps in care for people with developmental disabilities;
- Describe national, state and local organizations and policies relevant to access to health and related services;
- Discuss the role of environmental health and skills for assuring sexual health in children, youth and adults with developmental disabilities
- List key tasks to optimize health care outcomes for people with disabilities and their families as they age;
- Review the range of novel and evidence-based approaches to the care of patients with autism, cerebral palsy and other neurodevelopmental disabilities
- Review factors related to access to quality mental health care, and employ trauma-informed relational care;
- Discuss strategies to enable participation in the arts and access resources, such as service animals, to support the wellbeing of children, youth and adults with disabilities.

LIVE STREAM MEETING

This course will be offered as a virtual conference. Login instructions along with the digital syllabus will be shared with the attendees a week before the meeting. Included in your registration fee is access to the course recordings on demand for 30 days after the course. You must tune in to the live conference (remotely) to claim CME.

ACKNOWLEDGEMENTS

This activity is developed by a community planning and advisory committee made up of self-advocates and representatives from the following agencies: UCSF, Stanford University, University of the Pacific, The Arc San Francisco, Golden Gate Regional Center, East Bay Regional Center, State Council on Developmental Disabilities, Support for Families, WITH Foundation, Disability Voices United, San Francisco Department of Public Health, and the California Department of Developmental Services.

Thursday, March 5, 2026

7:40 am *Course Webinar Opens*
 7:50 **Welcome and Course Overview** Clarissa Kripke, MD, FAAFP and John I. Takayama, MD, MPH

SESSION 1: OUR MISSION

8:00 am **Welcome Address: Developmental Disabilities Update for Health Professionals—History, Impact, Future** Lucy S. Crain, MD, MPH, FAAP and Geraldine Collins-Bride, MS, ANP, FAAN
 8:10 **Health Policy Landscape for People with I/DD** Claudia Center
 8:40 Q & A
 8:50 **Medicaid: What is it, Why is it Important, What does the Reconciliation Bill mean for the Future** Maria Town
 9:20 Q & A
 9:30 **Keeping the Promise: Healthcare Access for People with DD in California** *Speaker To Be Announced*
 10:00 Q & A
 10:10 *Break*
 10:25 **Self Advocate Panel on Mental Health** Hari Srinivasan, Rishi Jena, Héctor Manuel Ramírez
 10:55 Q & A
 11:05 **Trauma Informed Relational Care** Joan Jeung, MD, MPH
 11:35 Q & A
 11:45 **Virtual Networking and Resource Fair**
 12:15 pm *Recess for Lunch*

SESSION 2: AGING

1:00 pm **Dementia in Down Syndrome: Is It Inevitable? Exploring Prevention, Early Diagnosis, and Treatment Strategies** Peter Bulova, MD
 1:30 Q & A
 1:40 **Aging (and Aging Caregivers) and Developmental Disabilities** Tamar Heller, PhD
 2:10 Q & A
 2:20 **Resources in California for People with Developmental Disabilities Living with Aging Parents** **Moderator:** Megan Cvitanovic **Panelists:** Zorahida Preciado, Colette Patt, PhD, Mechelle Johnson
 2:50 Q & A
 3:00 *Break*
 3:20 **Vaccine Skepticism and Public Policy** Dean Blumberg, MD
 3:50 Q & A

ANNUAL SHRIVER LECTURE & AWARD

4:00 **Introduction**
 4:10 **Advances in Dental Care and Access to Care for People with Developmental Disabilities** Paul Glassman, DDS, MA, MBA
 4:40 Q & A
 4:45 pm *Adjourn*

REGISTRATION

	Fee by 1/31/2026	Fee after 1/31/2026
Physicians	\$375	\$475
Nurses/APPs/Other Health Care Professionals	\$265	\$365
Community Members (no CEUs)	\$100	\$100

Registration will close on 3/6/2026 at 12:00pm Pacific Time.

The syllabus will be transmitted electronically one week prior to the course.

REGISTER ONLINE developmentaldisabilities.ucsf.edu

BY PHONE To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: developmentaldisabilities.ucsf.edu

Friday, March 6, 2026

7:45 am	<i>Course Webinar Opens</i>	
7:50	Welcome and Daily Overview	Clarissa Kripke, MD, FAAFP and John I. Takayama, MD, MPH
SESSION 3: EVIDENCE-BASED PRACTICE		
8:00	Addressing Environmental Health for Children and Adolescents with Disabilities	Jane Tobias, DNP, CRNP, CPNP-PC, FAAN
8:30	Q & A	
8:40	Evidence-Based Approaches for Spasticity and Dystonia Management in People with Cerebral Palsy	Bhooma Aravamuthan, MD, DPhil
9:10	Q & A	
9:20	Occupational Therapy Practice Guidelines for Autistic People Across the Lifespan	Kristie Patten, PhD, OT/L, FAOTA
9:50	Q & A	
10:00	<i>Break</i>	
10:15	Sleep in Children with Neurodevelopmental Differences	Althea Robinson Shelton, MD, MPH
10:45	Q & A	
10:55	Serving Immigrant Clients: Family Perspectives on the Challenges and Solutions	Moderator: Judy Mark Panelists: Elizabeth Barrios Gomez, Mulugeta Tadele, Kyungshil Choi
11:25	Q & A	
11:35	Virtual Networking and Resource Fair	
12:05 pm	<i>Recess for Lunch</i>	
SESSION 4: THE CUTTING EDGE		
1:00 pm	Accessible Theater: Disability Center Stage	Corinne Melon
1:30	Q & A	
1:40	Sexual Health for People with IDD	Robin Wilson-Beattie
2:10	Q & A	
2:20	Genetic Evaluation of Children with Neurodevelopmental Disorders	Joan Stoler, MD
2:50	Q & A	
3:00	<i>Break</i>	
3:20	Pain Assessment and Management for Children and Adults with Developmental Disabilities	Chantel Burkitt, PhD
3:50	Q & A	
4:00	The Impact of Service Dogs on Children and Youth with Disabilities and their Families	Sally Lindsay, PhD
4:30	Q & A	
4:40	Closing Remarks	
4:45 pm	<i>Course Adjourns</i>	

All course times listed are Pacific Standard Time.

REFUND POLICY

Cancellations received in writing no less than 7 days prior to the start of an activity will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

UCSF Office of CME reserves the right to cancel or postpone this program if necessary; in the event of cancellation, course fees will be fully refunded. We are not responsible for other costs incurred, such as non-refundable airline tickets, hotel penalties, or other related personal expenses.

ACCESSIBILITY

The University of California, San Francisco welcomes everyone, including people with disabilities to our events. We are committed to ensuring that our programs, services, goods, and facilities are accessible to individuals with disabilities as specified under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Amendments Act of 2008. If you require accommodation for a disability in order to fully participate in this event please let us know during registration, or submit a learner support ticket at tiny.ucsf.edu/cmehelp with as much advance notice as possible and at least 7-10 days in advance of the event.

COURSE CHAIRS

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Professor of Family and Community Medicine
Director, Office of Developmental Primary Care
University of California San Francisco

John I. Takayama, MD, MPH

Emeritus Professor of Pediatrics
University of California San Francisco

COURSE FACULTY

Bhooma Aravamathan, MD, DPhil, FAAN, FCNS

Medical and Research Director, Cerebral Palsy
and Mobility Center
Assistant Professor of Neurology and Pediatrics,
Washington University in St. Louis

Dean Blumberg, MD

Professor & Chief, Division of Pediatric Infectious
Diseases, Department of Pediatrics, UC Davis Children's
Hospital

Peter Bulova, MD

Professor of General Internal Medicine • Director: The
Department of Medicine International Scholars track •
Director: The University of Pittsburgh Adult Down
Syndrome Center • Director: The Montefiore Hospital
Outpatient Procedures Clinic • Co-Director: The Magee
Center for Women with Disabilities

Chantel Burkitt, PhD

Senior Clinical Scientist
Co-Director, Pain and Comfort Research
Gilette Children's Hospital, Minnesota

Claudia Center

Legal Director, Disability Rights Education
and Defense Fund

Kyungshil Choi

Parent Advocate

Geraldine Collins-Bride, MS, ANP, FAAN

Clinical Professor Emerita
Department of Community Health Systems
UCSF School of Nursing

Lucy S. Crain, MD, MPH, FAAP

Professor of Pediatrics Emerita
UCSF School of Medicine
Clinical Professor of Pediatrics Emerita
Stanford University School of Medicine

Megan Cvitanovic

Research Coordinator
Stanford Center for Biomedical Ethics (SCBE)
Stanford University School of Medicine

Paul Glassman, DDS, MA, MBA

Professor and Associate Dean for Research and
Community Engagement
College of Dental Medicine
California Northstate University

Elizabeth Barrios Gomez

Parent Advocate
Co-Founder-Executive Director,
Integrated Community Collaborative

Tamar Heller, PhD

Distinguished Professor
Director, Institute on Disability and Human Development
Department of Disability and Human Development
University of Illinois Chicago

Rishi Jena

Mentor and Educational Consultant
Student at Arizona State University

Joan Jeung, MD, MPH

Professor of Pediatrics, Division of Developmental
Medicine, University of California San Francisco (UCSF)
School of Medicine • Senior Associate Director, Cal-
MAP (California Child and Adolescent Mental Healthcare
Access Portal) • Director, Resilience Clinic, UCSF BCH
Oakland

Mechelle Johnson

Director of Client Services
Alta California Regional Center

Sally Lindsay, PhD

Senior Scientist, Bloorview Research Institute, Holland
Bloorview Kids Rehabilitation Hospital • Professor
and Affiliate Scientist, Dept. Occupational Science
& Occupational Therapy & Rehabilitation Sciences
Institute, University of Toronto

Judy Mark

Co-founder and President, Disability Voices United

Corinne Melon

Managing Director
Phamaly Theatre Company

Colette Patt, PhD

Parent Advocate

Kristie Patten, PhD, OT/L, FAOTA

Counselor to the President, New York University
Professor, New York University Steinhardt

Zorahida Preciado

Associate Director, Adult & Residential Services
San Gabriel Pomona Regional Center

Héctor Manuel Ramírez

Council Member, Intertribal Disability Advocacy Council
• Commissioner, California Commission on Disability
Access (CCDA) • Behavioral Health Stakeholder/
Advisory Committee Member, Department of Health
Care Services (DHCS) • Office of Health Equity Advisory
Committee Member, California Department of Public
Health (CDPH) • Commissioner, Los Angeles County
Commission on Disabilities (LACCD) • Community
Prevention and Population Health Task Force Member,
Los Angeles County Department of Public Health •
Co-Chair, Access for All UsCC, Los Angeles County
Department of Mental Health (LACDMH)

Althea Robinson Shelton, MD, MPH

Pediatric Sleep Disorders
Program Director, Sleep Medicine
Associate Professor of Neurology and Pediatrics
Vanderbilt University Medical Center

Hari Srinivasan

PhD candidate in Neuroscience at Vanderbilt University,
BA Psychology - UC Berkeley
NSF Graduate Research Fellow, PD Soros Fellow, NISE
Fellow at the Frist Center for Autism & Innovation,
UCLA-AIRP Answer Scholar, AUCD Young Professional
Award, Vanderbilt Impact Award

Joan Stoler, MD

Clinical Geneticist
Associate Professor of Pediatrics
Boston Children's Hospital

Mulugeta Tadele

Parent Advocate

Jane Tobias, DNP, CRNP, CPNP-PC, FAAN

Associate Professor, Jefferson College of Nursing
Jefferson Center for Autism and Neurodiversity
Fellow, Golisano Institute for Developmental Disability
Nursing

Maria Town

President and CEO, American Association of People
with Disabilities

Robin Wilson-Beattie

Disability and Sexual and Reproductive Health Educator

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For more information or to register visit our website at cme.ucsf.edu.
For support, visit tiny.ucsf.edu/cmehelp or call 415.476.5808.

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ACCREDITATION

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CME/CEU credit will be available – please check the course website for details.

University of California, San Francisco
Office of Continuing Medical Education
490 Illinois Street, Floor 7 • Box 0742
San Francisco, CA 94143